

Monday, 05 April 2021

Re-Opening Guidance for all Members

As from Monday 12th April we will be reopening, we have introduced some temporary changes to keep you (and us) safe. So, while some of these changes may feel a bit restrictive, we ask our members to work with us, support us and to play your part in helping us get back to normal service. If the Government's roadmap is followed, we will be able to open the Sauna and Steam Room on Monday 17th May and then relax some of the social distancing restrictions as from the 21st of June.

- Masks must now be worn in all communal areas of the club; these can be taken off when having your workout in the gym and as you exit the changing room for your swim. They must be worn in reception, changing rooms, and when entering and leaving the gym, they can be taken off during your workout.
- Bookings can be done via the website www.watersplash.org, simply click on the book online tab, you can alternatively call the club (Tel 01425610119), we can then book you in if we have availability. All the sessions for a day will become available 48 hours in advance, so for example at 7.30am on Saturday 10th April all of Monday the 12th of April sessions will be bookable. There will be a limit of 5 sessions per week put on the pool, this is to allow all members access to the pool, previously we were finding members could not get a session.
- After your session you will be required to leave the club immediately, you can grab a takeaway coffee, but this is purely for takeaway. We cannot unfortunately have members mingling in reception, this is for the safety of us all.
- Please do not arrive before your session time or enter reception before your session time or if the barriers are in place. This is to allow the staff to clean down the equipment in between sessions and to allow members to leave the club safely.

General Points:-

- **Please DO NOT come to the club if you are feeling unwell or have symptoms of COVID-19.**
- Membership Queries are best dealt with via email or by phone, this will help minimise cuing in reception.
- Guests at present will not be allowed, we are prioritising our members who have stayed with us.

- Please take responsibility for social distancing and avoid congregating with others before and after your session.
- Please leave all valuables at home and only bring your essentials.
- Please bring your own (filled) water bottle, although our dispensers will be on for to use if you so wish.
- Please be kind. Respect others and respect our staff who are working hard to ensure all the rules and regulations are followed that will allow us to remain open.

Poolside Facilities:-

- Pool sessions will be one hour in duration and limited to four members at a time.
- Please come ready to use the swimming pool, so you do not need to shower or change beforehand, keep your time in the changing rooms to a minimum and only shower at the end of your swim if necessary.
- Maintain Social Distancing in the changing rooms, use the cubicles provided, the hair driers and hand driers will be switched off.
- Maintain Social Distancing in the pool area, if you stop swimming please move to the edge of the pool and face towards the side.
- No more than one member can use the Jacuzzi, the only exception to this is two or more members who live in the same household.
- Due to the limited space in the Gym, we are keeping the Gym and Pool Sessions separate, so if you are using the Poolside facilities you will not be permitted into the gym. You can however book both a pool and a gym session if you wish on the same day.
- Anti Bac Spray and a blue roll dispenser are now located poolside, please use this to wipe down any touch points before using them, i.e., handrails into the pool and spa.
- The Sauna and Steam Room are not permitted to be used.

Gym:-

- Gym sessions will be one hour in duration and limited to six members at a time.
- Please come ready for the gym, with no valuables as there will not be access to the changing facilities.
- Please bring your own mat for the gym.
- Due to the limited space in the changing rooms, we are keeping the Gym and Pool Sessions separate, so if you are using the gym you will not be permitted poolside to use the changing rooms or poolside facilities. You can however book both a pool and a gym session if you wish on the same day.
- We would ask members NOT to wear disposable gloves whilst in the facility but to sanitise your hands before/after using each piece of equipment instead.
- Please use the anti bac spray and towels provided to clean equipment before and after each use.
- Gym Equipment, this has been reduced in number and spaced for your safety. Please do not use a piece of equipment that is directly next to one that is in use, unless

there is a screen in place. I think common sense is going to be key in the gym, please be mindful of other members.

I am contactable via email, sales@watersplash.org, please do get in touch if you have any questions or suggestions. Most of these changes have been adopted by the whole leisure sector and reflect the necessary measures we have taken to enable our members active at this time.

These rules are in place for both members and staff's safety, this is a new way of operating for all of us.

Many thanks for your cooperation and understanding.